

Join Victoria Story

*for a rare opportunity to explore
Gestalt Therapy from a body-centered
perspective.*

M o v e m e n t

Body

Psyche



Victoria Story, M.S.

An internationally acclaimed facilitator and workshop presenter, and Director of Training at the Gestalt Institute of the Rockies in Golden, Colorado, Victoria has directed programs, worked in private practice and agency settings, consulted with families, organizations, institutes, and businesses in the United States and abroad for over 40 years. Victoria brings an energetic awareness and creative expression to contact with individuals and groups through her knowledge and training in Neo-Reichian work and Gestalt. Victoria's grounding in yoga and body dynamics enliven her insightful interventions and effervescent humor.

From Psyche to Soma

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From Psyche to Soma

**A Gestalt Journey of
Integration &
Re-Membering**



Summer 2012

June 6th—13th

On the Beautiful Isle of Lesvos, Greece

7 Nights On-site Lodging

\$2250 Inclusive

\$500 Non-refundable deposit Due: October 1, 2011

Balance due May 1, 2012

\$1850, with Early Payment Plan Discount

Registration & Deposit by July 1, 2011 + (3) Add'l Pymts of \$450

From Psyche to Soma:

A Gestalt Journey of Integration and Re-membering

The Setting...

The beautiful island of Lesvos, Greece on the Aegean Sea, just outside of Molyvos; Away from the tourists and crowds; In a quiet, rural setting, a short walk or scooter ride to restaurants, hot springs, beaches, and an authentic Greek experience.



The Body...

Well cared for and present, with daily yoga-like movement and other body-centered experiments; Access to on-site massage and Wa-tsu, at an additional cost.

The Work...

Actively surrendering and relaxing into the ever-present support of the body; Integrating Gestalt therapy with movement & body on this journey of nurturance, support and empowerment; Moving back to move forward, as we go back to the roots of the psyche, to reclaim the power and support that lies in our body.



The Journey...

A week long journey to revitalize the being thru awareness, in a retreat setting, using the body to deepen the connection to ourselves, to others, and to the larger field of existence.

Each day will be an opportunity to let go into the bodyself to explore what we hold on to and delve into the rich resource that our body provides. We will stretch with awareness, explore enlivening the back body to move forward in our lives.

We will work with polarities within the body to awaken our energetic field. We will use self and relationships within our process group to wake up to who we are right now.

Artwork, personal journals, and the written word, may be used during the daily free time to deepen personal exploration.

Daily Schedule:

9:00-Noon	Morning Session
Noon-5:00pm	Lunch/Unstructured time
5:00-7:30pm	Afternoon Session
Evenings	Free time

Exceptions:

Arrival Day	4:30-7:30pm Only
Saturday	9am-1pm Only
Sunday	4:30-7:30pm Only
Departing Day	No Sessions

Retreat Center/Lodging:

The workshop is held at Milelja-Inselgarten, a beautiful and peaceful retreat setting just outside of the town of Molyvos. The main workshop space is an octagon-shaped building with lots of windows and a wood & cork floor. We will have full use of the facilities, including the heated pool.



Accommodations vary, but all rooms are shared. We may be able to accommodate a few single room and guest accommodation requests at an additional cost. Please inquire at registration time. Breakfast is provided daily; Lunch & Dinner are on your own.

For additional information on the accommodations, please see: www.milelja-inselgarten.com/english/inselgarten.html.



Registration Form

From Psyche to Soma:

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June 6-13, 2012

Milelja-Inselgarten Retreat Center
Molyvos, on Lesvos, GREECE

Name _____

Address: _____

City _____ State _____ Postal code _____ Country _____

Telephone: _____

Email: _____

Names & Ages of lodging only guests/family members.

EARLY PAYMENT DISCOUNT:	Qty/#	Total Amt
<input type="checkbox"/> \$500 Non-Refundable Deposit <u>by 8/15/11</u>	_____	US \$ _____
plus, (3) add'l \$450 payments:		
<input type="checkbox"/> 1st \$450 Payments due Oct. 1st 2011	_____	US \$ _____
<input type="checkbox"/> 2nd \$450 Payments due Feb. 1st 2012	_____	US \$ _____
<input type="checkbox"/> 3rd \$450 Payments due May 1st 2012	_____	US \$ _____

STANDARD REGISTRATION:

<input type="checkbox"/> \$500 Non-Refundable Deposit <u>by 10/1/2011</u>	_____	US \$ _____
<input type="checkbox"/> \$1750 Balance Paid in Full by May 1st 2012	_____	US \$ _____

Make Cashier's Check/Money Order payable to: Victoria Story